

## KINDNESS Spinner

Instructions:

1. Make this spinner to help your students think about ways they can perform small, simple, everyday acts of kindness

2. For the medium circle, talk to your students about important people in their life or who they could make smile by being extra nice

3. For the largest circle, brainstorm ways to be kind. Talk about how kindness doesn't mean big gestures or gifts—it can be little heartfelt acts that make a difference in someone else's life
4. A template has been provided to get you started/ or make your own by placing the 3 circles on top of one another and join with a split pin

