



"After Dolly left us, Kate and I could see that Dolly's story had touched people everywhere and we felt the best way to remember our beautiful girl was to start a nationwide conversation about the devastating effects of bullying."

Tick Everett

Dolly's Dream

Dolly's Dream was created by Kate and Tick Everett following the shattering loss of their 14-year-old daughter, Dolly, after ongoing bullying.

Kate and Tick's aim is to prevent other families having to walk this road and experiencing this devastation.

Dolly's Dream is committed to changing the culture of bullying by increasing understanding of the impact of bullying, anxiety, depression and youth suicide – and by providing support to parents.



Support Line

Support from a trained counsellor isn't cheap, and it's not always accessible, which is why we've partnered with Kids Helpline to offer free mental health support.

You don't need a referral, and the line is open to anyone who needs support.

Call **0488 881 033**, anytime, for any reason.



Parent Hub

Many parents feel teaching their kids about online safety is important, but they don't quite know how to go about it. That's why we're here.

To help make life a little easier, we've done the research for you and pulled together the most trusted information about online safety and bullying.

Our articles, tips, links and videos will help you have those talks around online safety, bullying, choosing kindness, gaming, tech use and more.

Visit dollysdream.org.au/parent-hub

Our Workshops

Our online safety and anti-bullying workshops can be tailored to students, parents, teachers as well as the general community.

We know that everyone's level of knowledge of the online world is different, and that's why we adapt our workshops to suit the audience.

Designed by leading experts and delivered by one of our teacher-trained facilitators, our workshops are interactive and engaging, without fear of judgement.

Visit dollysdream.org.au for our list of workshops.

Beacon Cyber Safety App

Dolly's Dream has partnered with the Telethon Kids Institute to help families around Australia have access to trusted and up-to-date information to help their children navigate the ever-changing digital world.

Co-designed with parents and carers and backed by cyber safety experts including the Office of the eSafety Commissioner, the Beacon App provides families with trustworthy, practical resources to help them confidently navigate children's technology use and reduce associated harms.



Scan to download

Families can receive tailored content – including articles, videos and alerts – from a comprehensive library of strategies and tips for addressing challenging issues such as screen time, gaming and cyberbullying.

Contact us

Visit dollysdream.org.au and subscribe to our newsletter to keep in touch.

For general enquiries email info@dollysdream.org.au or call **1800 951 955**.